



# TVR CHRISTIAN CAMP & RETREAT CENTER

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## WHAT TO BRING TO TVR FOR WINTER RETREATS

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### What to Bring:

- Sleeping bag or sheets and pillow
- Towels and washcloths
- Toiletries
- Bible, pen, and notebook
- Heavy waterproof/resistant coat
- Ski bibs or ski pants
- Several pairs of warm socks
- Waterproof ski gloves
- Warm hat or ear-covering
- Sweater, sweatshirt, long-sleeve clothing, warm layers
- Pants to wear under bibs or ski pants
- Shoes that will keep your feet warm
- Snack Shack Money

### What NOT to Bring:

- Tobacco, alcohol
- Radios/music players
- Sleeveless shirts, shorts above mid-thigh (running/cheer shorts), or tight-fitting, revealing clothing, ***leggings are only to be worn as a base layer under an outer layer***
- Magazines
- Televisions or portable DVD players
- Cell phones must be approved by group leader
- Weapons
- Pets
- Nuclear warheads

Your retreat is designed to leave a lot of these things behind for a little while in order to be a part of an atmosphere that is “free from all distractions.” Cell phones have very unreliable service, but we do have office phones available for use. TVR is not responsible for lost or stolen items.